## **Breakfast**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Entrees  Mini Cinnis  Cinnamon Glazed French Toast Sticks  Blueberry Bash Waffles  Lucky Charms  Multigrain Frosted Flakes  Cinnamon Toast Crunch Cereal  Cereal, Cheerios Honey Nut, Bowl, 1 oz  Strawberry Banana Yogurt  English Muffin with Egg & Cheese  Egg, Turkey Bacon & Cheese  Sandwich  Ham, Egg & Cheese on English Muffin  Chocolate Chip Muffin  Crunchy Very Berry Parfait  Extra Extra  Assorted Fruit Juice  Fresh Apple  Fresh Orange Wedges  Raisins  Pineapple Tidbits  Hash Brown Patty  Chocolate Skim Milk  1% Low-fat Milk	Main Entrees  Maple Burst Mini Pancakes  Cinnamon Glazed French Toast Sticks  Blueberry Bash Waffles  Lucky Charms  Multigrain Frosted Flakes  Cinnamon Toast Crunch Cereal  Cereal, Cheerios Honey Nut, Bowl, 1 oz  Strawberry Banana Yogurt  English Muffin with Egg & Cheese  Egg, Turkey Bacon & Cheese Sandwich  Ham, Egg & Cheese on English Muffin  Chocolate Chip Muffin  Crunchy Very Berry Parfait  Extra Extra  Assorted Fruit Juice  Fresh Apple  Fresh Orange Wedges  Raisins  Pineapple Tidbits  Hash Brown Patty  Chocolate Skim Milk  1% Low-fat Milk	Main Entrees  Mini Cinnis  Cinnamon Glazed French Toast Sticks  Blueberry Bash Waffles  Lucky Charms  Multigrain Frosted Flakes  Cinnamon Toast Crunch Cereal  Cereal, Cheerios Honey Nut, Bowl, 1 oz  Strawberry Banana Yogurt  English Muffin with Egg & Cheese  Sausage & Egg on English Muffin  Ham, Egg & Cheese on English Muffin  Chocolate Chip Muffin  Crunchy Very Berry Parfait  Extra Extra  Assorted Fruit Juice  Fresh Orange Wedges  Raisins  Pineapple Tidbits  Hash Brown Patty  Chocolate Skim Milk  1% Low-fat Milk	Main Entrees  Maple Burst Mini Pancakes  Cinnamon Glazed French Toast Sticks  Blueberry Bash Waffles  Lucky Charms  Multigrain Frosted Flakes  Cinnamon Toast Crunch Cereal  Cereal, Cheerios Honey Nut, Bowl, 1 oz  Strawberry Banana Yogurt  English Muffin with Egg & Cheese  Egg, Turkey Bacon & Cheese  Sandwich  Ham, Egg & Cheese on English Muffin  Chocolate Chip Muffin  Crunchy Very Berry Parfait  Extra Extra  Assorted Fruit Juice  Fresh Apple  Fresh Orange Wedges  Raisins  Pineapple Tidbits  Hash Brown Patty  Chocolate Skim Milk  1% Low-fat Milk
7 Main Entrees	8 Main Entrees	9 Main Entrees	10 Main Entrees	11 Main Entrees
Maple Burst Mini Pancakes     Cinnamon Glazed French Toast Sticks     Blueberry Bash Waffles     Lucky Charms     Multigrain Frosted Flakes     Cinnamon Toast Crunch Cereal     Cereal, Cheerios Honey Nut, Bowl, 1 oz     Strawberry Banana Yogurt     English Muffin with Egg & Cheese     Sausage & Egg on English Muffin     Ham, Egg & Cheese on English	1 oz - Strawberry Banana Yogurt	Maple Burst Mini Pancakes     Cinnamon Glazed French Toast Sticks     Blueberry Bash Waffles     Lucky Charms     Multigrain Frosted Flakes     Cinnamon Toast Crunch Cereal     Cereal, Cheerios Honey Nut, Bowl, 1 oz     Strawberry Banana Yogurt     English Muffin with Egg & Cheese     Egg, Turkey Bacon & Cheese Sandwich	Mini Cinnis Cinnamon Glazed French Toast Sticks Blueberry Bash Waffles Lucky Charms Multigrain Frosted Flakes Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Ham, Egg & Cheese on English	Maple Burst Mini Pancakes     Cinnamon Glazed French Toast Sticks     Blueberry Bash Waffles     Lucky Charms     Multigrain Frosted Flakes     Cinnamon Toast Crunch Cereal     Cereal, Cheerios Honey Nut, Bowl, 1 oz     Strawberry Banana Yogurt     English Muffin with Egg & Cheese     Egg, Turkey Bacon & Cheese     Sandwich

- Ham, Egg & Cheese on English Muffin
   Chocolate Chip Muffin
   Crunchy Very Berry Parfait
  Extra Extra

- Assorted Fruit Juice Fresh Apple Fresh Orange Wedges

- Raisins Pineapple Tidbits Hash Brown Patty Chocolate Skim Milk
- 1% Low-fat Milk
- Extra Extra

Muffin Chocolate Chip Muffin

Crunchy Very Berry Parfait

Ham, Egg & Cheese on English

- Assorted Fruit Juice
- Fresh Orange Wedges

- Raisins
- Pineapple Tidbits
- Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk

- Sandwich Ham, Egg & Cheese on English
- Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait

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- Fresh Orange Wedges
- Raisins
- Pineapple Tidbits
- Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk
- Ham, Egg & Cheese on English Muffin
- Chocolate Chip Muffin
   Crunchy Very Berry Parfait
  Extra

  A Extra

- Assorted Fruit Juice Fresh Apple Fresh Orange Wedges

- Raisins Pineapple Tidbits Hash Brown Patty Chocolate Skiim Milk
- 1% Low-fat Milk

- Sandwich Ham, Egg & Cheese on English
- Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait

- Extra Extra

   Assorted Fruit Juice
- Fresh Orange Wedges

- Raisins
  Pineapple Tidbits
  Hash Brown Patty
  Chocolate Skim Milk
  1% Low-fat Milk

### **Main Entrees** Main Entrees Main Entrees February Break February Break Maple Burst Mini Pancakes Mini Cinnis Cinnamon Glazed French Toast Maple Burst Mini Pancakes Cinnamon Glazed French Toast Cinnamon Glazed French Toast Blueberry Bash Waffles Blueberry Bash Waffles Blueberry Bash Waffles Lucky Charms Multigrain Frosted Flakes Lucky Charms Multigrain Frosted Flakes Lucky Charms Multigrain Frosted Flakes Cinnamon Toast Crunch Cereal Cinnamon Toast Crunch Cereal Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, Cereal, Cheerios Honey Nut, Bowl, Cereal, Cheerios Honey Nut, Bowl, 107 1 07 Strawberry Banana Yogurt Strawberry Banana Yogurt Strawberry Banana Yogurt English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese English Muffin with Egg & Cheese English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sausage & Egg on English Muffin Ham, Egg & Cheese on English Sandwich Sandwich Ham, Egg & Cheese on English Ham, Egg & Cheese on English Chocolate Chip Muffin Muffin Muffin Crunchy Very Berry Parfait Extra Extra Chocolate Chip Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Crunchy Very Berry Parfait Assorted Fruit Juice Extra Extra Extra Extra Assorted Fruit Juice Assorted Fruit Juice Fresh Apple Fresh Orange Wedges Fresh Apple Fresh Apple Fresh Orange Wedges Fresh Orange Wedges Raisins Pineapple Tidbits Raisins Raisins Hash Brown Patty Pineapple Tidbits Pineapple Tidbits Chocolate Skim Milk Hash Brown Patty Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk Chocolate Skim Milk 1% Low-fat Milk 1% Low-fat Milk 23 25 21 22 24 President's Day Main Entrees Main Entrees Main Entrees Main Entrees Maple Burst Mini Pancakes Maple Burst Mini Pancakes Mini Cinnis Mini Cinnis Cinnamon Glazed French Toast Cinnamon Glazed French Toast Cinnamon Glazed French Toast Cinnamon Glazed French Toast Sticks Sticks Sticks Sticks Blueberry Bash Waffles Blueberry Bash Waffles Blueberry Bash Waffles Blueberry Bash Waffles Lucky Charms Lucky Charms Lucky Charms Lucky Charms Multigrain Frosted Flakes Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, Cereal, Cheerios Honey Nut, Bowl, Cereal, Cheerios Honey Nut, Bowl, • Strawberry Banana Yogurt Strawberry Banana Yogurt Strawberry Banana Yogurt Strawberry Banana Yogurt English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Egg, Turkey Bacon & Cheese Sausage & Egg on English Muffin Egg, Turkey Bacon & Cheese Sandwich Sandwich Ham, Egg & Cheese on English Sandwich Ham, Egg & Cheese on English Ham, Egg & Cheese on English Ham, Egg & Cheese on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Muffin Chocolate Chip Muffin

Crunchy Very Berry Parfait

Assorted Fruit Juice Fresh Apple

Pineapple Tidbits

Hash Brown Patty

1% Low-fat Milk

Chocolate Skim Milk

Fresh Orange Wedges

Extra Extra

Raisins

16

### 28

14

15

Extra Extra

Raisins

Assorted Fruit Juice Fresh Apple Fresh Orange Wedges

Pineapple Tidbits

Hash Brown Patty

1% Low-fat Milk

Chocolate Skim Milk

- Cinnamon Glazed French Toast Sticks
- Blueberry Bash Waffles
- Lucky Charms
- Multigrain Frosted Flakes
- Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl,

- Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Ham, Egg & Cheese on English Muffin
- Chocolate Chip Muffin
- Crunchy Very Berry Parfait
- Extra Extra
- Assorted Fruit Juice Fresh Apple
- Fresh Orange Wedges Raisins
- Pineapple Tidbits
- Hash Brown Patty
- Chocolate Skim Milk
- 1% Low-fat Milk

- Chocolate Chip Muffin Crunchy Very Berry Parfait
- Extra Extra Assorted Fruit Juice

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- Fresh Apple Fresh Orange Wedges Raisins
- Pineapple Tidbits
- Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk

- Cereal, Cheerios Honey Nut, Bowl,
- Muffin
- Chocolate Chip Muffin Crunchy Very Berry Parfait
  Extra Extra

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- Assorted Fruit Juice Fresh Apple Fresh Orange Wedges
- Raisins
- Pineapple Tidbits Hash Brown Patty
- Chocolate Skim Milk
- 1% Low-fat Milk

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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