Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Entrees Mini Cinnis Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sandwich Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Orange Wedges Raisins Unsweetened Applesauce Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk	Main Entrees Maple Burst Mini Pancakes Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Apple Fresh Orange Wedges Raisins Unsweetened Applesauce Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk	Main Entrees Mini Cinnis Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Apple Fresh Orange Wedges Raisins Unsweetened Applesauce Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk	Main Entrees Maple Burst Mini Pancakes Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sandwich Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Orange Wedges Raisins Pineapple Tidbits Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk
7	8	9	10	11
Main Entrees Maple Burst Mini Pancakes Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Apple Fresh Orange Wedges Raisins	1 ozStrawberry Banana YogurtEnglish Muffin with Egg & Cheese	Main Entrees Maple Burst Mini Pancakes Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Apple Fresh Orange Wedges Raisins	Main Entrees Mini Cinnis Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Apple Fresh Orange Wedges Raisins	Main Entrees Maple Burst Mini Pancakes Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz Strawberry Banana Yogurt English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sandwich Chocolate Chip Muffin Crunchy Very Berry Parfait Extra Extra Assorted Fruit Juice Fresh Apple Fresh Orange Wedges

14

Cinnamon Chex Cereal

Pineapple Tidbits Hash Brown Patty

1% Low-fat Milk

Chocolate Skim Milk

Reduced Sugar Trix Cinnamon Toast Crunch Cereal

Cereal, Cheerios Honey Nut, Bowl,

Strawberry Banana Yogurt English Muffin with Egg & Cheese

Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait

Extra Extra

Assorted Fruit Juice Fresh Apple

Fresh Orange Wedges

Raisins Pineapple Tidbits

Hash Brown Patty

Chocolate Skim Milk

1% Low-fat Milk

15 Main Entrees

Mini Cinnis

Raisins

Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal

Unsweetened Applesauce

Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk

Cereal, Cheerios Honey Nut, Bowl,

Toz Strawberry Banana Yogurt English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sandwich Chocolate Chip Muffin

Crunchy Very Berry Parfait

Extra Extra

• Assorted Fruit Juice

Fresh Apple

Fresh Orange Wedges Raisins

Unsweetened Applesauce

Hash Brown Patty Chocolate Skim Milk

1% Low-fat Milk

Unsweetened Applesauce Hash Brown Patty

1% Low-fat Milk

Maple Burst Mini Pancakes

Cereal, Cheerios Honey Nut, Bowl,

Strawberry Banana Yogurt
English Muffin with Egg & Cheese

Sausage & Egg on English Muffin Chocolate Chip Muffin Crunchy Very Berry Parfait

Cinnamon Chex Cereal Reduced Sugar Trix Cinnamon Toast Crunch Cereal

Assorted Fruit Juice Fresh Apple

Fresh Orange Wedges

Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk

Raisins Unsweetened Applesauce

1% Low-fat Milk

16

Main Entrees

Extra Extra

1% Low-fat Milk

17

February Break

Unsweetened Applesauce

Hash Brown Patty

Chocolate Skim Milk

Raisins

Pineapple Tidbits

Hash Brown Patty Chocolate Skim Milk 1% Low-fat Milk

18

February Break

21

President's Day

22

Main Entrees

- Mini Cinnis Cinnamon Chex Cereal Reduced Sugar Trix
- Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz
- Strawberry Banana Yogurt
- English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sandwich
- Chocolate Chip Muffin
 Crunchy Very Berry Parfait
 Extra Extra

- Assorted Fruit Juice
- Fresh Apple Fresh Orange Wedges
- Unsweetened Applesauce Hash Brown Patty Chocolate Skim Milk

- 1% Low-fat Milk

23

- Main Entrees Maple Burst Mini Pancakes
- Cinnamon Chex Cereal Reduced Sugar Trix
- Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz
- Strawberry Banana Yogurt
- English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin
- Crunchy Very Berry Parfait

Extra Extra

- Assorted Fruit Juice
- Fresh Apple Fresh Orange Wedges
- Raisins
- Unsweetened Applesauce
- Hash Brown Patty Chocolate Skim Milk
- 1% Low-fat Milk

Main Entrees

24

- Mini Cinnis Cinnamon Chex Cereal Reduced Sugar Trix
- Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz
- Strawberry Banana Yogurt
- English Muffin with Egg & Cheese Sausage & Egg on English Muffin Chocolate Chip Muffin

Crunchy Very Berry Parfait Extra Extra

- Assorted Fruit Juice Fresh Apple
- Fresh Orange Wedges Raisins
- Unsweetened Applesauce
- Hash Brown Patty Chocolate Skim Milk
- 1% Low-fat Milk

Main Entrees

25

- Maple Burst Mini Pancakes
- Cinnamon Chex Cereal Reduced Sugar Trix
- Cinnamon Toast Crunch Cereal
- Cereal, Cheerios Honey Nut, Bowl, 1 oz
- Strawberry Banana Yogurt
- English Muffin with Egg & Cheese Egg, Turkey Bacon & Cheese Sandwich
- Chocolate Chip Muffin
- Crunchy Very Berry Parfait
 Extra Extra

- Assorted Fruit Juice
- Fresh Apple Fresh Orange Wedges
- Raisins
- Pineapple Tidbits Hash Brown Patty Chocolate Skim Milk
- 1% Low-fat Milk

28

Main Entrees

- Maple Burst Mini Pancakes Cinnamon Chex Cereal
- Reduced Sugar Trix
- Cinnamon Toast Crunch Cereal Cereal, Cheerios Honey Nut, Bowl, 1 oz

- Strawberry Banana Yogurt
 English Muffin with Egg & Cheese
 Sausage & Egg on English Muffin
 Chocolate Chip Muffin

- Crunchy Very Berry Parfait Extra Extra
- Assorted Fruit Juice
- Fresh Apple Fresh Orange Wedges
- Raisins
- Pineapple Tidbits
- Hash Brown Patty Chocolate Skim Milk
- 1% Low-fat Milk

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any

This institution is an equal opportunity provider.Layout & Design © Nutrislice, Inc. Printed on 2/22/2022 at 10:58 am .